



Residential Life

700 University Avenue | University Suites | Monroe, LA 71209

P 318.342.5240 | F 318.342.7002

Quarantine Rules & Regulations

Failure to adhere to any of the measures below are subject to consequences that include but are not limited to: warnings, loss of specific campus privileges, housing reassignment, loss of visitation, or loss of the privilege to live in on-campus housing. Violators may be sent home for the first violation or any combination of violations. In certain cases, violations may also result in formal disciplinary proceedings that may result in sanctions up to and including suspension or expulsion.

Name:

CWID:

Duration (set by current recommendation): _____ days Start Date End Date:

Quarantine Location: Home On-campus Meals: Yes No Yes, Special

COVID-19 is a very serious infection that affects people in different degrees. Some students will not have any symptoms but they are still contagious. Other students will have severe symptoms. You must follow any instructions given to you by the medical professional where you were tested and from this institution. This notice is being sent to you as a result of you testing positive to COVID-19 or having a direct, prolonged exposure (<6 ft, >15mins). Per the guidelines set forth by the CDC, you are required to be in quarantine for at least 10 days if you tested positive or 7 days if you had a direct, prolonged exposure. Depending on the type of housing you are currently living in, you may be required to move to a room that has been designated as a quarantine room. A member of the Residential Life staff should contact you to discuss your possible move. The following regulations are set forth:

Quarantine: Being placed in quarantine on campus means that you must stay in your room and no visitors, for a period of no less than 10 days if you tested positive or 7 days if you had a direct, prolonged exposure and do not experience any symptoms during that time. You cannot leave the room for any reason, unless in the event of an emergency. This includes to go to work, cafeteria, any office on campus, or to class. A representative from the Self-Development, Counseling, and Special Accommodations Center should send you an email regarding notification to be sent to your faculty. If you choose to quarantine at home, you may not return to campus any sooner than the end date of your quarantine. If you choose to quarantine on-campus and then later choose to quarantine at home, you may not return to campus any sooner than the end date of your quarantine.

Meals: Lunch and dinner from the cafeteria will be delivered each day that you are in quarantine. The meal will be from the hot line and should include a salad, fruit and dessert. If you have a special dietary requirement you must let us know at the time you are notified of the quarantine. The lunch should be delivered between 11:30 am and 12 pm and the dinner between 5 pm and 5:30 pm, depending on food wait times and amount of those in quarantine. The staff member should knock on your door to give you the food. If you do not answer the door, we cannot leave your food, so please be sure to listen for the knock. When you open the door, you must have on a mask as the staff should ask some questions to check on you.

Accommodations: If you move to another room, we recommend you take only the essential items with you. You do not need to take everything out of your room and you cannot go back to the room until your quarantine period is completed. When your trash is full, inform the person delivering your meals and at the next meal delivery, it should be taken out for you. If during your quarantine, laundering services are needed, inform the Director or Assistant Director of Residential Life and arrangements will be made.

Daily Follow-Up: A member of Residential Life should check in with you daily to find out how you are doing. A staff member should try to call but should also email you. Please answer the call or the email promptly. If you start experiencing extreme symptoms, contact the Residential Life staff. If emergency medical assistance is needed you can also contact Campus Police at 318-342-5350. Be sure to let Residential Life staff or UPD know you are positive for COVID-19 or you are in quarantine.

Signature Line: _____ #TAKEFLIGHT Date: _____