

Michelle Dobson, PhD, LPC, RPT
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EDUCATION

**Doctoral of Philosophy
Counselor Education and Supervision** **2019**
Capella University ▪ Minnesota, MN

Master of Education **2011**
Mental Health Counseling
Capella University ▪ Minnesota, MN

Bachelor's **1990**
Psychology and History
University of Michigan ▪ Ann Arbor, MI

TEACHING EXPERIENCE

Assistant Faculty – Non-Traditional Online **2023 – present**
University of Louisiana Monroe, Counseling Program

Adjunct Faculty – Non-Traditional Online **2021 – 2023**
University of Louisiana Monroe, Counseling Program

Adjunct Faculty – Non-Traditional Online **2020 – present**
Grand Canyon University, Counseling Program

Adjunct Faculty **2020**
Northwest Arkansas Community College, Social and Behavioral Sciences

Doctoral Candidate Teaching Internship
Capella University, School of Counseling and Human Services **2015**

COUNSELING EXPERIENCE

Independent Contractor – Telemental Health Counselor

Tava **2022 - present**
Spring Health **2021 – present**
BetterHelp **2020 – present**
Teladoc **2020 – present**

Early Childhood Mental Health Consultant **2016 – 2020**

Counselor
Ozark Guidance Center **2015 – 2020**

Florida Mentor 2014 – 2015
Inspirations, Geriatric Outpatient Services 2011 – 2012
Delta Family Counseling 2010 – 2013

LICENSES & CERTIFICATIONS

Licensed Professional Counselor February 2016 – Current
Board of Examiners in Counseling State of Arkansas. # P1602021
Specialties: Play Therapy and Technology Assisted Counseling

Licensed Mental Health Counselor May 2015 – March 2019
Florida Department of Health. #MH13414

Early Childhood Mental Health Consultant (Certified) 2018 – 2020

Registered Play Therapist (RPT) 2017 – present

Presentations

National

Dobson, M. (Accepted, 2025). *Ethical Considerations Regarding Counselor-Client Discussions of Political Views and Religion*. Pending conference, American Counseling Association, Orlando, FL, March 2025.

Regional

Dobson, M. & Elliot, T. (Accepted 2024, October) *Re-evaluating Cultural Narratives in Counselor Education Programs*. Western Association for Counselor Education and Supervision Conference, Phoenix, Arizona.

Dobson, M. & Elliot, T. (Accepted, 2024, November) *Re-evaluating Cultural Narratives in Counselor Education Programs*. Southern Association for Counselor Education and Supervision Annual Conference, Dallas, Texas.

Dobson, M. & de la Paz, M. (Accepted 2016, October). *Applying Experiential Activities to Online Supervision: One Way to Promote Resilience*. Southern Association for Counselor Education and Supervision Annual Conference, New Orleans, Louisiana.

Dobson, M. (Accepted, 2016, October). *Choice Theory for Supervision*. Southern Association for Counselor Education and Supervision Annual Conference, New Orleans, Louisiana.

Local

Dobson, M. & Camarillo, M. (2019, August). *Play Dough More in 2019!* Ozark Guidance Center school-based counselor professional development training. Springdale, Arkansas.

Dobson, M. (2019, June). *Portable Play Therapy*. Ozark Guidance Center school-based counselor professional development training. Fayetteville, Arkansas.

Dobson, M. & Camarillo, M. (2019, January) *Play More in 2019!* Ozark Guidance Center school-based counselor professional development. Bentonville, Arkansas.

Dobson, M. (2018, October) *Attachment: Why it's important.* Court Appointed Special Advocates (CASA). Fayetteville, Arkansas.

Publications

Dobson, M. (2024). Ethical Considerations Regarding Counselor-Client Discussions of Political Views and Religion: From a Christian, Conservative, Counselor, Educator Perspective. *Journal of Interprofessional Practice and Collaboration*, 4(2). Retrieved from <https://repository.ulm.edu/ojihp/vol4/iss2/5>

Peer Reviewed

SACES Annual Conference 2024 presentations

WACES Annual Conference 2024 presentations

FCA Convention 2023 presentations

Professional Development

SACES Annual Conference, Dallas, TX, November 2024

WACES Annual Conference, Tuscon, AZ, October 2024

University of Arkansas, Office of Play Therapy, Summer Conference, July 2024

ACES Bi-Annual Conference, Denver, CO, October 2023

Clinical Applications of Internal Family Systems, Online, March 2023

Arkansas Association for Play Therapy, Annual Conference, Rogers, AR, February 2023

The Flash Technique: Basic Principles and Protocols, Online, October 2022

Association for Play Therapy Annual Conference, Little Rock, AR, October 2021

APA Transition, Transformation and Telehealth in Clinical Practice, Online, March 2021

Challenges to Practice in Light of the Pandemic, Online, February 2021

Telehealth for Mental Health Professionals, Online, March 2020

Association for Play Therapy Annual Conference, Dallas, TX, October 2019

Arkansas Play Therapy Association Conference, Siloam Springs, Arkansas, 2018

Child-Parent Psychotherapy training, 2018

Trauma-Focused Cognitive Behavioral Therapy training, 2018

Arkansas Play Therapy Association Conference, Fayetteville, Arkansas, 2017

Association for Play Therapy Annual Conference, Minneapolis, MH, October 2017

Early Childhood Mental Health Consultant Training, January 2017

Conscious Discipline Training, Fayetteville, Arkansas, September 2016

SACES Annual Conference, New Orleans, Louisiana, October 10 – 13, 2016

Professional Memberships

American Counseling Association

2015 – 2018, 2023 - present

Association for Counselor Education and Supervision

2015 – 2018, 2023 - present

Southern Association for Counselor Education and Supervision

2015 – 2018, 2023 - present

Association for Play Therapy

2008 – present