Thomas W. Foster

**EDUCATION**

**Ph.D. Counselor Education and Supervision (8/08)**

* Department of Counseling and Human Development Services (CACREP-accredited)
* Kent State University, Kent, OH

**Master of Education (12/03)**

* Clinical Mental Health Counseling (CACREP-accredited)
* Kent State University, Kent, OH

**Bachelor of Arts (12/98)**

* Psychology
* Malone College, Canton, OH

**PROFESSIONAL EXPERIENCE**

**Program Director, at University of Louisiana at Monroe**

**Counseling Program**

**Monroe, LA**

**01/19 – Present**

* Directly responsible for the development and oversight of the Counseling Program
* Report to the Dean and School Director of the College of Health
* Develop and set semester course schedule
* Assign all faculty workload assignments
* Serve as the Practicum and Internship Coordinator
* Serve as the CACREP liaison
* Completed the addendum to the 2018 self-study
* Develop and set semester course schedule
* Assign all faculty workload assignments
* Manage the annual budget
* Lead departmental faculty committee
* Maintain and develop admissions and retention policies and procedures
* Supervise administrative staff
* Maintain and coordinate departmental records
* Program evaluation procedures
* Teach a 2-2 course load (100% online)
* Serve on college and university committees

**Achievements at ULM**

* Moved the program to a fall cohort model and sequenced the courses
* Revised the admissions process
* Revised the program website
* Revised the practicum and internship process: revising the process for completing the memorandum of understanding contracts
* In the process of opening the telehealth counseling clinic
* Submitted a grant for $52,077.00 to the Board of Regents
* Revised the summer workshop and put it 100% online
* Completed the CACREP self-study addendum due Oct 21
* Completed the CACREP virtual site visit
* Created an Addiction track and combined option track

**Contributing Faculty Member at Walden University**

**Counseling Program**

**Minneapolis, MN**

**07/20 - Present**

* Teach online masters-level clinical mental health counseling coursework

**Visiting Assistant Professor, and Core Faculty at Lock Haven University**

**Counseling Program**

**Lock Haven, PA**

**08/18 – 05/19**

* Teach online masters-level clinical mental health counseling coursework
* Conduct research and scholarly activities
* Mentor students on teaching, scholarship, and career development

**Chair, and Associate Professor of Counseling at Loyola University New Orleans**

**New Orleans, LA**

**9/09-8/18**

**Chair Responsibilities**

* Preserve the mission and philosophy of the Department of Counseling
* Report to the dean of the College of Nursing and Health
* Prepare and manage the annual budget and assure fiscal responsibility in department
* Develop and set semester course schedule
* Assign all faculty workload assignments
* Completed accreditation self-study report for the Council for Accreditation of Counseling and Related Educational Programs (CACREP): due 12-2018
* Maintain CACREP standards within the department
* Lead/facilitate all program development activities
* Lead departmental faculty committee
* Maintain and develop admissions and retention policies and procedures
* Supervise administrative staff
* Maintain and coordinate departmental records
* Oversee evaluation measures and analyze results to make future departmental decisions
* Facilitate faculty and staff development
* Represent Department on university committees (e.g., Graduate Committee)
* Assure appropriate reports as necessary for dean, college, and university

**Associate Professor Responsibilities**

* Teach masters-level clinical mental health counseling coursework
* Conduct research and scholarly activities
* Participated in multiple committees at the university, college, and department level
  + Co-Chair of the Institutional Review Board
  + Chair of the College of Nursing and Health Handbook Committee
  + Member of College of Graduate and Professional Studies Transition Handbook Committee
* Mentor students on teaching, scholarship, and career development
* Research methods and statistical consultant for the Loyola’s School of Nursing doctoral program
* Faculty meetings, advising, and admission activities

**Assistant Professor of Counselor Education at Argosy University-Tampa**

**Tampa, FL. 9/08-8/09**

**SCHOLARSHIP**

**AWARDS**

* Awarded the Outstanding ADULTSPAN Journal Award 2019
* Awarded the 2014 Excellence in Research Award for the College of Social Sciences

**RESEARCH ACTIVITIES IN PROGRESS**

* Foster, T. (in-progress). Integrating the dual process model with the adaptive grieving styles model to fully conceptualize grief.

**PUBLICATIONS**

* Smith, L. M., Mathews, L., Gros, K., & Foster, T. (2022). Conceptualizing loss and

trauma during the COVID-9 pandemic. *Journal of Counselor Practice* *13*(1)42–59. doi: 10.22229/con1312022

* Foster, T., & Dupuis, E. (2020). Understanding holistic wellness from a midlife

perspective: A factor analytic study. *Journal of Positive Psychology and Well*

*Being, 4,*(1) 105-116.

* Robino, A., & Foster, T. (2018). Psychosocial predictors of wellness in college students. *ADULTSPAN, 17*(1), 3-13.
* Foster, T., Steen, L., O’Ryan, L. & Nelson, J (2016). Examining how the Adlerian life tasks predict anxiety in first-year counseling students. *Journal of Individual Psychology, 72*(2), 104-120.
* Evans, A., Ebrahim, C; Sheesley, A. P., **Foster,** T. (2016). Constructivism as pedagogy:

An analysis of master’s level students’ experience. ***Wisconsin Counseling Journal***, *29*, 49-60.

* Foster, T., Galjour, C., & Spengel, S. (2015). Redefining wellness during later adulthood: An evolving perception, *Journal of Adult Development, 22*(4), 239- 247. doi: 10.1007/s10804-015-9215-4.
* Robinson, T., Jacobson, R., & Foster, T. (2015). Using narrative group therapy with females with Attention Deficit Hyperactivity Disorder, *ADULTSPSN, 14*(1), 24-34. doi: 10.1002/j.2161-0029.2015.00034.x
* Foster, T., Evans, A., & Chew, L. (2014). Predictors of counseling students’ decision to pursue a gerocounseling specialization. *ADULTSPAN, 13*(2), 79-89. doi: 10.1002/j.2161-0029.2014.00028.x
* Bagala, C., Phillips, A., & Foster, T. (2013). Groupwork with adolescents showing borderline symptoms. *Journal of Counseling Research and Practice, 3*(1), 1-8.
* Foster, T., Levitov, J., DePartout, M. L., & Steen, R. L. (2013). Relating wellness to clinical variables in middle and later life, *Journal of Counseling Practice, 4,* 1-21.
* Watson, M., Stern, N., & Foster, T. (2012). Helping parents and adoptees through the adoption process using group work, *The Family Journal, 20*(4), 433-440.
* Foster, T., Levitov, J. (2012). Wellness during midlife and older adulthood: A different perception, *ADULTSPAN, 11*(2), 66-76.

* Steen, R. L., & Foster, T. (2011). Never too old to play. *Play Therapy Magazine,*
* Foster, T. (2010). Encouraging student wellness: An expanded role for counselor educators, *The Journal of Counselor Preparation and Supervision, 2,* 10-22.
* Foster, T., & Kreider, V. (2009). Reinventing gerocounseling in counselor preparation as a specialization. *Educational Gerontology, 35,* 177-187. doi: 10.1080/03601270 802466850
* Foster, T., Kreider, V., & Waugh, J. (2009). Counseling students' interest in

gerocounseling: A survey study. *Gerontology and Geriatrics Education, 30,*226-242. doi: 10.1080/02701960903133489

# GRANT FUNDING

* Foster, T. (PI) – Applied for, pending approval *Request for New Recording Technology for the Counseling Training Clinic*, Louisiana Board of Regents, 2019, Total Amount $52,077.00

# NATIONAL PRESENTATIONS

* Dupuis, E.C., & Foster, T. (June-September, 2020). Wellness from a midlife perspective: A factor analytic study. Poster presented at the virtual showcase of the Association for Psychological Sciences 32nd Annual Convention.

* Foster, T., & Hickham, P. (2017). *Difficult Cases with EMDR: Collective Supervision using Multiple Trauma Theories.* Presented at the American Counseling Association in San Francisco, CA.
* Foster, T., Evans, A., Pignato, L., Hinnenkamp, L., Steen, L. (2016, March). *College Students’ Wellness and Development Treated using EMDR and ACT.* Presented at the American Counseling Association conference, Montreal, Canada.
* Foster, T., Foose, K., & Finan, L. (2013). *Helping Masters-Level Students Publish Original Works: Strategies and Implications.* Presented a poster Board Presentation at the ACES conference, Denver, CO.
* Chew, L., & Foster, T. (2011, October). *Tarasoff Thirty-Five Years Later: A Fifty-State Examination of the Statutes and Legal Interpretations that Define the “Duty to Warn” for Mental Health Professionals*. Presented a poster Board Presentation at the ACES conference, Nashville, TN.
* Steen, L. R., & Foster, T. (2010, October). *We**Are Never to Old to Play: Combining Play Therapy with Reminiscence Therapy when Treating Older Adults.* Presented at the Association for Play Therapy Conference, Louisville, KY.
* Foster, T., Steen, L. R., & Wieck, R. (2010, March). *Encouraging Student Wellness: An Expanded Role for Counselor Educators*. Presented at the American Counseling Association, Pittsburgh, Pennsylvania.
* Foster, T., & O’Ryan, L. (2009, October) *Gerocounselor Education: Considering the Need, Interest, and Strategies for Making this a Viable Specialization.* Presented at the ACES conference, San Diego, CA.
* Foster, T., Steen, L. R., & Wieck, R. (2009, October). *Promoting Wellness in Masters-Level Counseling Students: A Cube Model Intervention.* Presented at the ACES conference, San Diego, CA.
* Foster, T., & Kreider, V. (2007, March). *The past, the present, and the future: A call for new counseling standards in gerontology*. Presented at the American Counseling Association, Detroit, Michigan.
* Foster, T., & Kreider, V. (2006, March). *Midlife challenges: What counselors need to know*. Presented at the American Counseling Association, Montreal, Canada.
* Foster, T. & Kreider, V. (2006, March). *Retirement counseling: Creating practical applications from theory and research*. Presented at the American Counseling Association, Montreal, Canada.
* Foster, T., & McGlothlin, J. (2005, March).*Transitioning into retirement: Practical issues in gerontological counseling*. Presented at the American Counseling Association, Atlanta, GA.

# REGIONAL PRESENTATIONS

* Foster, T., Ebrahim, C., Rivera, A., & Sheeger, A. (2010, September). *Encouraging Student Wellness: An Expanded Role for Counselor Educators and Supervisors.* Presented at NARACES in New Brunswick, NJ.
* Ebrahim, C., & Foster, T. (2010, September). *Is That Really Ethical?* Presented at NARACES in New Brunswick, NJ.
* Foster, T., & Ebrahim, C. (2010, October). *Encouraging Student Wellness: An Expanded Role for Counselor Educators and Supervisors.* Presented at NCACES in Chicago, Ill.
* Newman, T., & Foster, T. (2006, November). *Teaching clinical courses: What is working for you?*. Presented at the North Central Association for Counselor Education and Supervision, Kansas City, Missouri.

**STATE PRESENTATIONS**

* Foster, T., & Serrano, K. (2023). Building Resilience Using a Synthesized, Nonlinear Model of Grief. Presented at the Florida Counseling Association annual conference on September 28, 2023.
* Serrano, K., & Foster, T. (2023). An Interdisciplinary Approach to Treating Chronic Pelvic Pain and PTSD. Presented at the Florida Counseling Association annual conference on September 28, 2023.
* Foster, T., Dupuis, E. (2020). A Synthesized Model of Trauma: Strengthening Conceptualization and the Standard of Ethical Practice. Presented at the Florida Counseling Association annual virtual conference on October 2, 2020.
* Foster, T., Hickham, P., & Fischer, C. (2016). The Loyola University New Orleans Five-Part Clinical Series: A Review of Advanced Approaches: Part 2: Trauma Conceptualization and Assessment*.* Presented at the annual conference of the Louisiana Counseling Association. Baton Rouge, LA.
* Steen, L., & Foster, T. (2014, November). Presented at the Washington Counseling Association conference in Seattle, WA.
* Foster, T., Edelman, A., & Short, K. (2014, September). Bridging the Gap for Counselors Wishing to Practice and Conduct Research. Presented at the Louisiana Counseling Association conference in New Orleans, LA.
* Foster, T., Edelman, A., & Short, K. (2014, September). Redefining Love and Wellness during Midlife. Presented at the Louisiana Counseling Association conference in New Orleans, LA.
* Foster, T., Galjour, C., &, Keenan, S. (2012, September). Understanding Midlifers and Older Adults: Unique Perception of Wellness and the Clinical Implications. Presented at the Louisiana Counseling Association conference in Lake Charles, LA.
* Bagala, C., Philips, A., & Foster, T. (2011, November). *Wellness Counseling for Midlifers and Older Adults: Aging with a Wellness Lifestyle*. Presenting a poster Board Presentation at ICA in Skokie, IL.
* Galjour, C., & Foster, T. (2011, September) *Wellness Counseling for Midlifers and Older Adults: Aging with a Wellness Lifestyle.* Presented at LCA in Baton Rouge, LA.
* Philips, A., Bagala, C., & Foster, T. (2011, November).*Using Existential Group Counseling with Adolescents Exhibiting Pre-Borderline Symptomology* Presenting at ICA in Skokie, IL.
* Levitov, J., Foster, T., & Galjour, C. (2010). *Integrating philosophy into our relationships.* Presented at the LMFT Conference in Baton Rouge, LA.
* Foster, T., & Ebrahim, C. (2010, April). *Promoting Wellness in Masters-Level Counseling Students: A Cube Model Intervention.* Presented at the Louisiana Association for Counselor Education and Supervision Conference, New Orleans, Louisiana.
* Steen, L. R., & Foster, T. (2009, December). *We**Are Never to Old to Play: Combining Play Therapy with Reminiscence Therapy when Treating Older Adults.* Presented at the Association for Play Therapy Conference, New Orleans, Louisiana.

* Foster, T., Steen, L. R., & Wieck, R. (2009, October) *Promoting Wellness in Masters-Level Counseling Students: A Cube Model Intervention.* Presented at the Louisiana Counseling Association, Baton Rouge, Louisiana.
* Steen, L. R., & Foster, T. (2009, October) *We**Are Never to Old to Play: Combining Play Therapy with Reminiscence Therapy when Treating Older Adults.* Presented at the Louisiana Counseling Association, Baton Rouge, Louisiana.

**MENTORED STUDENT PUBLICATIONS**

* Smith, L. M., Mathews, L., Gros, K., & Foster, T. (in-press). Conceptualizing loss and

trauma during the COVID-9 pandemic. *Journal of Counselor Practice.*

* Fletcher, C., Boxer, G., Ambeau, A., & DeMarais, S. (in-press). More to the story: Synthesizing narrative therapy with the adaptive information processing model
* Hickham, P. & Fischer, C. (in-press). Play therapy for early adolescent victims of

high betrayal trauma. *Kentucky Counseling Association Journal.*

**MENTORED STUDENT PRESENTATIONS**

* Smith, L. M., Mathews, L., Gros, K., & Foster, T. (in-press). Conceptualizing loss and

trauma during the COVID-9 pandemic.

* Batau, M. (March, 2017). Somatosensory Trauma Work for Genito-Pelvic Pain/Penetration Disorder. Accepted to present a poster session for the ACA conference in San Francisco, CA.
* McGowan, A., & Martin, A. (March, 2017). Mindfulness-Existential Group Therapy for Terminally Ill Individuals and Caretakers. Accepted to present a poster session for the ACA conference in San Francisco, CA.
* Cline, S., Boxer, G., Ambeau, A., & Fletcher, C. (July, 2016). There’s more to the Story: Synthesizing Narrative Therapy with Trauma Theory. Presented a poster at the American Mental Health Counseling Association in New Orleans, LA.
* Khan, N. R. (March, 2014). Integrating Bowenian Family Systems Theory with the Dual Process Model of Bereavement in approaching Parental Grief. Accepted to present a poster board presentation at the ACA annual conference in Honolulu, HI.
* Khan, N. R. (September, 2013). Integrating Bowenian Family Systems Theory with the Dual Process Model of Bereavement in approaching Parental Grief. Accepted to present a poster board presentation at the LCA annual conference in New Orleans, LA.
* Edelman, A. (Fall, 2013). Teaching Assistant for two sections of the Research and Statistical Methods course and two sections of the Writing Lab.
* Edelman, A. (Spring, 2013 – present). Statistical consultant and tutor for the Sociology Department at Loyola University New Orleans.
* Boyer, L. (Fall, 2012). Teaching Assistant for two sections of the Research and Statistical Methods course.
* Chew, L. (September, 2011 – May, 2012). Teaching Assistant to the Research and Statistical Consultant for the Nursing Department at Loyola University.
* Chew, L. (Fall, 2011). Teaching Assistant for one section of the Research and Statistical Methods course and both sections of the Writing Lab.
* Bagala, C., Philips, A., & Foster, T. (2011, November). *Wellness Counseling for Midlifers and Older Adults: Aging with a Wellness Lifestyle*. Presenting a poster Board Presentation at ICA in Skokie, IL.
* Galjour, C., & Foster, T. (2011, September) *Wellness Counseling for Midlifers and Older Adults: Aging with a Wellness Lifestyle.* Presented at LCA in Baton Rouge, LA.
* Philips, A., Bagala, C., & Foster, T. (2011, November).*Using Existential Group Counseling with Adolescents Exhibiting Pre-Borderline Symptomology* Presenting at ICA in Skokie, IL.
* Briggs, L. (2010, September) *I Am Not an Aster*isk. Presented at the LCA conference in New Orleans, LA.
* Hurst, J. (2010, September*) How Group Work Can Help Students Transitioning to College.* Presented at the LCA conference in New Orleans, LA.
* Allain, E., & Foster, T. (2010, September) *Supporting Parents Who Have Children with ADHD.* Presented at the LCA conference in New Orleans, LA.
* Yankowski, A. (2010, September) *Using Groupwork to Help Prevent Adolescent Bullying.* Presented at the LCA conference in New Orleans, LA.

**INVITED WORKSHOPS, PRESENTATIONS, and COURSES**

* Foster, T. (2020). CMHC:673: Advanced Interventions in Trauma-Informed Counseling. *Department of Counseling, Lock Haven University, Pennsylvania.*
* Foster, T. (2018). A Practical and Critical Review of Psychopharmacology for the Practicing Clinician. *Big Easy Lecture Series. University of New Orleans Foundation.*
* Foster, T., & Hickham, P. (2017). Diagnosing, Conceptualizing, and Treating Anxiety and Depressive Disorders from a Trauma Lens. *Plaquemines Community C.A.R.E. Centers Foundation, Inc.*
* Foster, T., & Hickham, P. (2017). Trauma Models and EMDR: An Integration. *Family Service of Greater New Orleans.*

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**TEACHING EXPERIENCE**

**GRADUATE COURSEWORK**

**Spring 2025**

* COUN 5021: Diagnostics in Counseling (four sections)

**Fall 2024**

* COUN 5062: Clinical Assessment and Psychometrics (four sections)

**Summer 2024**

* COUN 6040: Trauma Counseling x2
* COUN 5055: Psychopharmacology in Counseling

**Spring 2024**

* COUN 5021: Diagnostics in Counseling (three sections)
* COUN 6070: Internship

**Fall 2023**

* COUN 5062: Clinical Assessment and Psychometrics (three sections)
* COUN 6070: Internship

**Summer 2023**

* COUN 6040: Trauma Counseling x2
* COUN 5055: Psychopharmacology in Counseling

**Spring 2023**

* COUN 5022: Lifespan Development (two sections)
* COUN 5021: Diagnostics in Counseling (two sections)

**Fall 2022**

* COUN 5081: Research Methods in Counseling (two sections)
* COUN 5062: Clinical Assessment and Psychometrics (two sections)

**Summer 2022**

* COUN 5055: Psychopharmacology in Counseling
* COUN 6040: Trauma Counseling

**Spring 2022**

* COUN 5022: Lifespan Development (two sections)
* COUN 5021: Diagnostics in Counseling (two sections)

**Fall 2021**

* COUN 5081: Research Methods in Counseling (two sections)
* COUN 5062: Clinical Assessment and Psychometrics (two sections)

**Summer 2021**

* COUN 5055: Psychopharmacology in Counseling
* COUN 6040: Trauma Counseling

**Spring 2021**

* COUN 5022: Lifespan Development (two sections)
* COUN 5021: Diagnostics in Counseling

**Fall 2020**

* COUN: 5081 Research Methods in Counseling
* COUN: 5062 Clinical Assessment and Psychometrics

**Summer 2020**

* COUN – 5065 Practicum
* COUN - 6040 Trauma Counseling
* COUN – 6040 Trauma Counseling
* ACMHC - 673 Advanced Interventions in Trauma-informed Counseling

**Spring 2020**

* COUN – 5022 Human Growth and Development
* COUN – 6070 Internship

**Fall 2019**

* COUN – 5022 Human Growth and Development
* COUN – 5021 Maladaptive Behavior

**Summer**

* COUN-5062 Assessment
* COUN-6070 Internship
* COUN-6040 Trauma Counseling

**Spring 2019**

* COUN-5081 Research
* COUN-6065 Practicum
* CMHC-625 Skills and Techniques
* CMHC-630 Research and Evaluation
* CMHC-630 Research and Evaluation

**Fall 2018**

* CMHC-620 Lifespan Development
* CMHC-620 Lifespan Development
* CMHC-650 Psychopathology, Differential Diagnosis, and Intervention

**Summer 2018**

* CNSL-- Clinical Thanatology: Death and Dying
* CNSL – 865 Practicum
* CNSL – 866 Internship

**Spring 2018**

* CNSL – 854 Diagnostics in Counseling
* CNSL – 857 Psychopathology in Counseling

**Fall 2017**

* CNSL A744 Clinical Assessment and Psychometrics

**Summer 2017**

* CNSL – 866 Internship
* CNSL – 877 EMDR Therapy

**Spring 2017**

* CNSL – 854 Diagnostics in Counseling
* CNSL – 857 Psychopathology in Counseling

**Fall 2016**

* CNSL A744 Clinical Assessment and Psychometrics
* CNSL A702 Research and Statistical Methods

**Summer 2016**

* CNSL-- Clinical Thanatology: Death and Dying
* NUR -- Scientific Writing
* CNSL Scholarship in Counseling

**Spring 2016**

* CNSL – 854 Diagnostics in Counseling (two sections)
* CNSL – 857 Psychopathology in Counseling

**Fall 2015**

* CNSL A744 Clinical Assessment and Psychometrics
* CNSL A702 Research and Statistical Methods
* CNSL–A704: Two sections of Research Writing Lab

**Summer 2015**

* Research Practicum
* Scientific Writing
* Counseling Internship

**Spring 2015**

* CNSL A854 ‘Adult Diagnosis and Treatment’
* CNSL A854 ‘Adult Diagnosis and Treatment’
* CNSL – A866-002 ‘Counseling Internship’

**Fall 2014**

* CNSL A702 Two sections of ‘Research and Statistical Methods’
* CNSL–A704: Two sections of ‘Research Writing Lab’

**Summer 2014**

* CNSL – A866-002 ‘Counseling Internship’
* CNSL—A894: ‘Clinical Thanatology: Death and Dying’

**Spring 2014**

* CNSL A854 ‘Adult Diagnosis and Treatment’ Loyola University New Orleans
* CNSL A854 ‘Adult Diagnosis and Treatment’ Loyola University New Orleans
* CNSL – A866-002 ‘Counseling Internship’ Loyola University New Orleans

**Fall 2013**

* CNSL A702 Two sections of ‘Research and Statistical Methods’ Loyola University New Orleans
* CNSL–A704: Two sections of ‘Research Writing Lab’ at Loyola University New Orleans

**Summer 2013**

* CNSL–A866: ‘Counseling Internship’ at Loyola University New Orleans

**Spring 2013**

* CNSL A854 ‘Adult Diagnosis and Treatment’ Loyola University New Orleans
* CNSL – A725 ‘Developmental Psychology’ Loyola University New Orleans
* CNSL–A865: ‘Counseling Practicum’ at Loyola University New Orleans

**Fall 2012**

* CNSL A702 Two sections of ‘Research and Statistical Methods’ Loyola University New Orleans
* CNSL–A704: Two sections of ‘Research Writing Lab’ at Loyola University New Orleans

**Summer 2012**

* CNSL–A865: ‘Counseling Practicum’ at Loyola University New Orleans
* CNSL—A894: ‘Clinical Thanatology: Death and Dying’ at Loyola University New Orleans

**Spring 2012**

* CNSL—A840-003 ‘Group Counseling’ at Loyola University New Orleans
* CNSL—A843-001: ‘Group Counseling Lab’ at Loyola University New Orleans
* CNSL—A843-002: ‘Group Counseling Lab’ at Loyola University New Orleans
* CNSL–A865: ‘Counseling Practicum’ at Loyola University New Orleans

**Fall 2011**

* CNSL A702-002 Two sections of ‘Research and Statistical Methods’ Loyola University New Orleans
* CNSL–A704: Two sections of ‘Research Writing Lab’ at Loyola University New Orleans
* CNSL—A840-001 (Tutorial) ‘Group Counseling’ at Loyola University New Orleans

**Summer 2010**

* CNSL – A842-001 ‘Multicultural Counseling’ Loyola University New Orleans
* CNSL – A842-002 ‘Multicultural Counseling’ Loyola University New Orleans
* CNSL – A894-001 ‘Clinical Psychopathology’ Loyola University New Orleans

**Spring 2011**

* CNSL—A840-001 ‘Group Counseling’ at Loyola University New Orleans
* CNSL—A840-002 ‘Group Counseling’ at Loyola University New Orleans
* CNSL—A840-003 ‘Group Counseling’ at Loyola University New Orleans
* CNSL—A843-001: ‘Group Counseling Lab’ at Loyola University New Orleans
* CNSL—A843-002: ‘Group Counseling Lab’ at Loyola University New Orleans
* CNSL—A843-003: ‘Group Counseling Lab’ at Loyola University New Orleans

**Fall 2010**

* CNSL A702-001 ‘Research and Statistical Methods’ Loyola University New Orleans
* CNSL A702-002 ‘Research and Statistical Methods’ Loyola University New Orleans
* CNSL–A704: Two sections of ‘Research Writing Lab’ at Loyola University New Orleans

**Summer 2010**

* CNSL – A842 ‘Multicultural Counseling’ Loyola University New Orleans
* CNSL – A725 ‘Developmental Psychology’ Loyola University New Orleans
* CNSL – A866-002 ‘Counseling Internship’ Loyola University New Orleans

**Spring 2010**

* CNSL—A865 ‘Counseling Practicum’ at Loyola University New Orleans
* CNSL—A840: ‘Group Counseling’ at Loyola University New Orleans

**Fall 2009**

* CNSL–A865: ‘Counseling Practicum’ at Loyola University New Orleans
* CNSL A702-001 ‘Research and Statistical Methods’ Loyola University New Orleans
* CNSL A702-002 ‘Research and Statistical Methods’ Loyola University New Orleans
* CNSL–A704: Two sections of ‘Research Writing Lab’ at Loyola University New Orleans

**Summer 2009**

* R7035: 'Qualitative Research Methods' at Argosy University
* C6436: ‘Individual Counseling Theories and Practice’ at Argosy University

**Spring 2009**

* C6436: ‘Individual Counseling Theories and Practice’ at Argosy University
* R7033: 'Program Evaluation Methods' at Argosy University
* C6491: ‘Fieldwork I’ at Argosy University

**Fall 2008**

* C6436: ‘Individual Counseling Theories and Practice’ at Argosy University
* R7032: ‘Experimental Research Methods’ at Argosy University
* C6491: ‘Fieldwork I’ at Argosy University

**Summer 2007**

* COUN 615: 'Lifespan Development' at Indiana University of Pennsylvania

**Spring 2007**

* EDUC: 65523: ‘Lifespan Development’ at Kent State University
* COUN 657: ‘Individual Practicum’ at Indiana University of Pennsylvania

# Spring 2006

* Co-taught ‘Psychopathology in Counseling’ CHDS: 68130 at Kent State University

**UNDERGRADUATE COURSEWORK**

**Teaching Fellow with the Department of Educational Foundations and Special Services**

**Kent State University, Kent, OH**

**8/04-5/07**

* Independently taught nine courses of ‘Educational Psychology’ EDPF: 29525

**SERVICE ACTIVITIES**

**University Level**

* ULM Graduate Council (9-19 to present)
* Co-Chair of the IRB at Loyola University New Orleans (9-17 to present)
* Graduate Admissions Work Stream (2-18 to present)
* University Senate Committee (9-12 / 5-16)
* Loyola University Graduate Council (9-16 to present)
* University Faculty Handbook Committee (5-18 to present)
* Internal Grants Committee (9-16 to present)
* Institutional Review Board member (1-14 / present)
* Senate University Ad Hoc Reorganization Committee (spring and summer 2014)

**College Level**

* Co-Editor of the CHS Journal of Interprofessional Practice and Collaboration
* CHS Policies and Procedures Committee (9/ 21 to present)
* Chair of the Faculty Evaluation Committee (9/19 to present)
* Chair of the Taskforce on Paperwork Processing within the CHS (1/2020)
* College of Health Science Interprofessional Experience Committee (9-19)
* College of Health Science Recruitment and Retention Committee (9-19)
* College of Health Science Dean Search Committee (10-19)
* Chair of the College of Nursing and Health Handbook Committee (11-18)
* College of Social Science Curriculum Committee (9-11 / 5-13)
* College of Social Science Handbook Subcommittee (10-11 / 12-11)
* Graduate and Professional Studies Handbook Committee (9-16 / 12-16)
* Graduate and Professional Studies Planning Committee (2-16 / 1-17)
* Statistical consultant for the Department of Nursing (9-11 / 5-14)

**Department Level**

* Chair for the Department of Counseling (01-2016 to 2018)
* Search Committee Chair for the Counseling Department (2x)
* Admissions Coordinator (01/13 - 6/13)
* Faculty Advisor for Student ACA Ethics Competition (10-2012)
* Chi Sigma Iota co-advisor for Alpha Phi (9/09-9/12)

**Professional Association Level Service**

* Conference Proposal Reviewer for the Florida Counseling Association (2023-24)
* Proposal assessor for ACA 2013-2019
* Reviewer for the ADULTSPAN Journal (2013-2019)
* Reviewer for the Journal of Professional Counseling: Theory, Practice, and Research (2014-2017)

HONORS

* 2014 Excellence in Research Award for the College of Social Sciences
* Kent State University Doctoral Scholarship (2007-2008)
* Volunteer of the Month at Town Hall II for 12/98
* Dean’s list at Malone College

**DISSERTATION COMMITTEES**

* Dwyer, M. V., Pereira, J. K., Davis, E. & Foster, T. (2013). Investigating counselor wellness strategies: Practicing in community behavioral healthcare centers. Argosy University Tampa
* Nielson, T. A., Hall, B., Terbizan, D., Lim, S., & Foster, T. (in progress). Graduate counseling students’ interest in gerocounseling: A quantitative study. North Dakota State University

**PROFESSIONAL MEMBERSHIPS**

* + - American Counseling Association (ACA) Current
    - Florida Counseling Association (FCA) Current
    - Association for Counselor Education and Supervision (ACES)
    - North Atlantic Regional Association for Counselor Education and Supervision
    - North Central Association for Counselor Education and Supervision (NCACES)
    - Association for Adult Development and Aging (AADA)
* Chi Sigma Iota (CSI); Alpha Phi

**Professional Development**

* ACA 2023 Professional Practice Summit for CEUs
* ACA 2022 Professional Practice Summit for CEUs
* ACA Webinars, multiple CEUs completed (2022-2024)
* Florida Counseling Association 2023 Conference, Tampa, FL
* ACA Conference attendance for CEUs, Toronto, CA
* CAEP Accreditation Self-Study Workshop Training, Washington, DC. (Fall, 2019)
* Professional Grant Development Workshop Training, New Orleans, LA. (Summer, 2019)
* CACREP Accreditation Self-Study Workshop Training, Chicago, IL. (Fall, 2017)
* Trained EMDR clinician through the EMDR Institute, Tampa, FL. (Spring, 2013)

**Licensure**

* Licensed Professional Counselor since 2009 (Louisiana; #4424) Active
* Licensed Professional Clinical Counselor since 2009 (Ohio; # E8193) Expired
* Completed the Certificate of Gerontology Program through Kent State and Akron University

**CLINICAL EXPERIENCE**

**The Practice, LLC (Owner)**

**2013-2020**

* Private practice serving clients in the greater New Orleans area
* Assessment, diagnosis, and treatment of psychological and substance use disorders
* Individual and couples therapy
* EMDR therapy
* Diagnostic assessments

**Counseling for Wellness, LLC (Contract employee)**

**Kent, OH**

**6/06-6/08**

* The assessment, diagnosis, and treatment of psychological and addictive disorders.
* Experienced in individual, group, and couples therapy.
* Accumulated 2,000+ of supervised clinical hours for independent licensure.

**CLINICAL EXPERIENCE (GRADUATE)**

**Doctoral Level Counseling Internship at Counseling for Wellness (Private Practice)**

**Kent, OH**

**6/06-12/06**

* The assessment, diagnosis, and treatment of psychological and addictive disorders.
* Individual, group, and marriage and family therapy.

**Masters Level Counseling Internship at Mercy Medical Hospital (IMPACT Program)**

**Canton, OH**

**6/03-12/03**

* Engaged in the assessment, diagnosis, and treatment of substance use and psychological disorders.
* Engaged in individual, group, and family therapy related primarily to substance use disorders.

Practicum Counselor Trainee at Counseling and Human Development Center

Kent, OH

9/02-4/03

* Conducted individual therapy with primarily undergraduate students dealing with issues including phobias, anxiety, mood disorders, relationships, family, codependency, past abuse, career decisions, and psychoeducation.
* Co-facilitated groups involving students and community members dealing with career decisions, college adjustment, and lifestyle adjustment.

Substitute Activity Therapist at NOVA Behavioral Health

Alliance, OH

11/01-8/02

* Provided crisis support and education on daily living skills and medication monitoring to residents of the John Thomas group home.

Crisis Intervention Specialist at Town Hall II

Kent, OH

2/01-11/01

* Provided 24-hour crisis intervention face-to-face and over the phone dealing with issues including suicide, sexual and physical assault, depression, grief and loss, substance abuse and dependence, child and elder abuse, sexually transmitted diseases, and general crisis.

Adult Case Manager at NOVA Behavioral Health

Alliance, OH

1/99-6/00

* Worked with the severe mentally disabled population in the community.
* Provided access to community services, crisis support, medication and symptom monitoring, and education on daily living skills.

Partial Hospitalization (PH) Group Therapist at NOVA Behavioral Health

Alliance, OH

6/00-8/00

* Facilitated group work dealing with coping with severe mental illness.
* Provided psychoeducation on types of diagnoses, medications, and their physiological implications.

Crisis Intervention Trainer at Town Hall II

Kent, OH

2/99-5/00

* Provided training to volunteers preparing to work on the crisis line.