



COLLEGE OF HEALTH & PHARMACEUTICAL SCIENCES

ULM Marriage and Family Therapy (MFT) Students and Faculty Present at State

Several students and faculty in the MFT programs recently attended the Louisiana Association for Marriage and Family Therapy (LAMFT) annual conference in Baton Rouge March 6-8. The state conference, themed "Healing From Relationship Trauma," drew about 150 attendees.

Eleven current MFT students and two MFT faculty gave workshop presentations at the conference.

Workshop/ seminar topics included:

- "Before the Vows: Helping Couples in Premarital Therapy" by Dr. Allison Lux, Daniel Pelak, Jordan Harris, and Christine Kennedy
- "Multiple Relationships in Congregational Practice" by Dr. Jana Sutton and Lauren Fix
- "Systemic Therapy for Erectile Dysfunction" by Beau Couture and Dr. Allison Lux
- "Questions about Questions in Therapy and Supervision" by Annisa Pirasteh, Dr. Jana Sutton, Adam Albrite, and Hannah Dunning

Poster presentation topics included:

- "Self-Care in the Prevention of Burnout" by Meghan Wallace and Francis Eneman
- "Therapist-Client Intimacy: Protecting Oneself" by Ragan Haynie and Beau Couture.

Dr. Jana Sutton, MFT Program Director, commented, "I was so proud of our students, faculty, and of our alumni for their contributions to this conference. Many of ULM's graduates currently serve on the

LAMFT Board of Directors. Others were in attendance at the conference and still others presented. It was certainly a prideful time to be the Program Director of what I consider to be the leading MFT Program in the State. Our contributions and leadership both at the conference and within the state division did not go unnoticed. Several faculty members from other institutions commented upon the professionalism of our students and graduates and their presentations."

Other MFT students and faculty were in attendance at the conference. A few MFT alumni were also workshop presenters. "The students in the MFT program represented themselves exceedingly well at this professional conference. Our students had the opportunity to educate other mental health professionals on various therapy topics. Once again, we have current and former students demonstrating cutting edge research and being leading clinicians in our field of marriage and family therapy," commented Dr. Allison Lux, Director of Clinical Services for the MFT Program and Treasurer of the LAMFT Board of Directors.